



San Marcos Youth Baseball
PO Box 111, San Marcos, CA 92079
www.sanmarcosyouthbaseball.com



FOAL DIVISION GUIDELINES

Foal is a development division intended to bring kids to baseball and prepare them for the next level of play in Shetland Division

General Guidelines

- Only a league provided safety ball shall be used.
- The home team takes the 3rd base dugout and is responsible for setting up the field.
- The Home team of the final game is responsible for field breakdown
- Games typically last maximum **4 innings** or **60 minutes (do not start a new inning after 50 minutes)**
- All players on each team:
 - Bat every inning
 - Play defense every inning
- No player may sit out unless:
 - They are injured, or
 - They refuse to play (communicate with parents)
- No outs or score will be kept
- All players will be issued a jersey and cap. That must be worn with baseball pants, belt, and baseball socks.
- 4 Adult volunteer jerseys will be issued and must be worn while on the field during games. No Volunteer shall be given a jersey until all "Volunteer Requirements" are complete.

Offense

- Players hit from a **tee only**
- Each player gets a turn to bat every inning
- Coaches may assist with positioning and encouragement
- Runners advance **one base at a time**

- No leading off
- The last batter of the inning runs all the bases. Home Run!

Defense

- All players take the field on defense, half the team on the infield (Maximum 6) and half in the outfield.
- Coaches may be on the field to help guide players
- Encourage players to learn positioning, fielding the ball and throwing to a base.

Coaches & Safety

- Coaches may assist players at any time
- No aggressive or unsafe play allowed
- Helmets must be worn while batting and running bases at all times.

Credentials

Prior to stepping on the field, Managers and Assistant Coaches are required to do the following trainings:

- ☐ Live Scan (Only Needed One Time)
- ☐ Background Check (Needed Every Spring & Fall)
- ☐ Sudden Cardiac Arrest (Needed Every Year)
- ☐ Abuse Awareness (Needed Every Year)
- ☐ Concussion in Sports (Needed Every Year)

■ NOTE: The above (3) training certificates and Background check confirmation need to be uploaded to the google form, prior to your teams first practice.

Team Parents are required to complete the Background Check (Needed Every Spring & Fall)

■ NOTE: If your team parent will be entering the field or dugout, then they will be required to do all (3) training stated above for Coaches, as well as the live scan. All Volunteers (Managers, Assistant Coaches, and Team Parents) must register as a volunteer on the SMYB website.

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